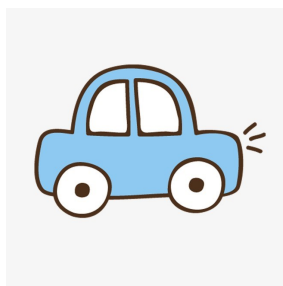


## Week One : P.R.A.Y. Praise

In the Bible, Jesus teaches us how to pray. The first step is **praise**. Praise means you tell God how powerful He is and how great He does things. It is important to praise God first to show Him respect. Remember to tell God why you like Him and how amazing He is and your heart will learn to respect Him every day!

You can P.R.A.Y. anywhere and anytime. Practice **praising** God with your prayers in the following places this week. Cross off each place you praise God in!

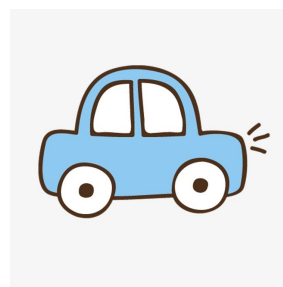


**Psalms 100:4** Enter his gates with thanksgiving and his courts with **praise**; give thanks to him and **praise** his name.

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**Psalms 100:4** Enter his gates with thanksgiving and his courts with **praise**; give thanks to him and **praise** his name.